New England Regional Ski For Light, Inc. is a nonprofit 501c(3) organization managed and facilitated by a Board of Directors composed of visually impaired and sighted volunteers. Tax deductible donations are used to support financial aid grants, guide recruitment and training initiatives, modest operational expenses and ski and snowshoe rentals for first time attendees.

For further information about NERSFL, Inc., to receive our newsletter, sign up for our events, or make a tax-deductible donation contact us at:

NEW ENGLAND REGIONAL SKI FOR LIGHT, INC.
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Promoting and providing enjoyable and physically demanding outdoor activities for adults who are blind or visually impaired.

"I was apprehensive about my capabilities of becoming a guide, but excellent on-the-job training took care of most of my issues. After a while I forgot about the (visually impaired) status of Chris and we just became friends skiing."

"NERSFL has given me the opportunity to learn to cross country ski, kayak, and engage in other outdoor activities that I never thought I could do, never had the opportunity to do, and never thought I would enjoy so much."

"I had a wonderfully enriching weekend, and I would like to offer my services on future ski outings."

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What is New England Regional Ski for Light (NERSFL)?

New England Regional Ski for Light is a nonprofit organization whose mission is to promote and provide enjoyable and physically demanding outdoor activities for adults who are blind or visually impaired. Activities include cross-country skiing, snowshoeing, hiking, canoeing, kayaking, tandem biking and nature walks. Throughout the year NERSFL offers weekend and one-day trips. All participants must be at least 18 years of age to take part in NERSFL activities.

What does NERSFL do?

During events a person who is blind or visually impaired is matched with a sighted individual who functions as a guide. Through verbal communication and hands-on demonstration guides and visually impaired adults together determine the various adaptive strategies that can be employed to facilitate maximum participation and enjoyment of the activity. Engaging in these outdoor recreational activities enables visually impaired participants to build self confidence and develop new skills. Together each visually impaired/guide pair enjoys the outdoor recreation in a safe, supportive and fun atmosphere.

The teamwork between participants and guides enriches the lives of both. The ongoing sharing that takes place among all creates new friendships and life-enhancing experiences.

How can you get involved?

NERSFL welcomes new blind/visually impaired and sighted participants to all of its events. Sighted participants must have some experience and proficiency in the activity in which they want to take part and will receive further training at the event. Visually impaired/blind participants will be offered basic training by the sighted guide during the event. All participants must be in at least average physical condition.

Visually impaired participants and sighted guides pay their own expenses, which are subsidized by the organization whenever possible to make trips affordable. Partial financial aid is available to both guides and participants.

“It felt almost effortless to find a high degree of connectivity with virtually everyone.”