

**New England Regional Ski For Light  
PARTICIPANT APPLICATION**

**PERSONAL INFORMATION**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone(S): \_\_\_\_\_

Email Address: \_\_\_\_\_

SEX: (M/F)

Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_

Height: ft. in. Weight:

Visual impairment--

High partial (Y/N):

Low partial (Y/N):

Totally blind (Y/N):

Job or profession:

**PERSON TO CONTACT IN CASE OF AN EMERGENCY**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone(S): \_\_\_\_\_

Relationship:

## **SKIING INFORMATION**

(Complete this section only if you are attending a skiing event)

1. Do you need cross country skis at the event? (Yes/No):
2. If you need ski boots, what shoe size do you wear?

Briefly describe any other cross-country skiing experience that you have had:

What is your level of cross country skiing ability?

Beginner: Intermediate: Advanced:

Please rate your proficiency level for each for each of the cross country skills listed on the reverse side. Rate yourself from a low of 1 (inconsistent and wobbly) to a high of 4 (able to consistently maintain balance and control while performing the skills).

Diagonal stride:

Moving step turns:

Straight down hill running:

Double poling:

Snowplow:

Snowplow turn:

Straight uphill climbing:

Herringbone:

## **HIKING INFORMATION**

(Complete this section only if you are attending a hiking event)

Briefly describe your hiking experience (NERSFL events and others):

What is your level of hiking ability?

Beginner:    Intermediate:    Advanced:

## **KAYAKING/CANOEING INFORMATION**

(Complete this section only if you are attending a kayaking/canoeing event)

Briefly describe your kayaking/canoeing experience (NERSFL events and others):

What is your level of kayaking/canoeing ability?

Beginner:    Intermediate:    Advanced:

## OTHER INFORMATION

List any previous attendance at Ski For Light Inc. events:

## HOUSING

1. All rooms are non-smoking. However, if you prefer in any case to room with a non-smoker, indicate that here \_\_\_\_, and if you plan to smoke (outside only) during the event please indicate that here \_\_\_\_ so that we can accommodate everyone's preferences.
2. Please indicate which of the following options you prefer--
  - Standard diet (includes red meat or poultry) (Y/N):
  - Vegetarian diet (includes eggs, dairy products and fish), if available (Y/N):

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_