



New England Regional Ski For Light
P.O. Box 861, Georgetown, MA 01833
781-667-9270, www.nersfl.org

Winter 2008-2009

Message from the President

Hello Everyone!

Once again I have the pleasure of serving as President of New England Regional Ski for Light and look forward to working with our Board to increase our membership, explore new venues for weekend and day events and develop a new brochure and flyer to promote awareness of NERSFL. Would you be interested in joining a committee to help with any of the above-mentioned committee activities? If so please call the NERSFL phone line or e-mail for more information!

My message would not be complete without acknowledging several individuals I would like to thank for their service to NERSFL beginning with our past President Christine Nason for not only her leadership dedication and commitment to the organization but someone who was truly wonderful to work with over the past several years. I want to recognize our outgoing Board members, and thank Joe Aibinder, Gil Busch and Esther Levegnale for their time, many contributions and hard work while serving on the Board. It was great to work with all of you!

I would like to Welcome our new Board members Nancy Brown, Polly Jacobson and Barry Wood and thank them for agreeing to serve on the NERSFL Board!

In conclusion, please stay in touch by e-mailing or calling with questions or ideas, as well as updates to your contact information and names of individuals interested in being added to our mailing list.

Most importantly, please join me in keeping with our NERSFL tradition and let's continue to have fun with all of our NERSFL friends as we enjoy snow activities together during this winter season and at future NERSFL events! I look forward to seeing you!

Marie Hennessy

RECENT TRIPS

Wachusett Hike

We had perfect weather for our October 4 hike at the Wachusett Mountain State Reservation in central Massachusetts. The 1-mile climb, featuring our famous New England rocks and roots, was exhilarating without being exhausting. We were rewarded by a pleasant meadow with picnic tables for our lunch at the summit. For variety, we chose to descend via the paved road rather than revisit all those rocks. We look forward to more day hikes in the spring and/or fall and encourage all of you to join us and share the fun.

UPCOMING WINTER TRIPS

CRAFTSBURY OUTDOR CENTER CRAFTSBURY COMMON, VT

January 9-12

Our annual trip to one of NERSFL'S favorite winter places. Ski right from the lodge. Great food! Trip includes three nights lodging double occupancy with hall baths, all meals from Friday evening through Monday lunchtime and trail passes. There will be opportunities for cross country skiing and snow shoeing.

Cost: \$250. \$15 late registration penalty will be charged if payment received after December 1, 2008.

AMC'S HIGHLAND CENTER/SKI AT BRETTON WOODS CRAWFORD, NH

March 6-8

New location for NERSFL! Free loaner snowshoes and outerwear! Check out the vast variety of trails at Bretton Woods (and perhaps the dogsled rides!)

The Highland Center is an award-winning lodge with great views of Crawford Notch and easy access to great skiing and snow-shoeing!

Bretton Woods ski pass, breakfast and dinner included in the prices quoted below. Lodging is bunk rooms with hall baths or private rooms with private bath.

Cost: \$155 (bunk room); \$240 (private room) if payment received by January 1st, 2009. \$165 (bunk room); \$250 (private room) if payment received by February 1st, 2009. There is only one private room which will be reserved on a first-come, first-served basis.

NOTE: We will be holding a fun and exciting silent auction and raffle at each weekend event. Be sure to bring those holiday gifts that would be enjoyed more by someone else than by you and your family to donate as well as any items you solicit from your favorite merchants. And don't forget your dollars to purchase auction items and raffle tickets!

Payments and Refund Policy. Please make payments by check made out to New England Regional Ski for Light and mail to NERSFL, P.O. Box 861, Georgetown, MA 01833.

Full payment and application for the January weekend trip must be received no later than December 1st. (\$15 late registration penalty added if received after this date.) Space is limited for this trip. Payment for the March trip is due by January 1st. For all events early application returns will assist in planning for adequate guide and transportation matching. If for any reason you need to cancel your reservation, \$25 of the trip cost is nonrefundable. The balance may be refundable in part minus charges incurred by NERSFL from the vendor. We will do our best to assist you to find someone to take your place, but it is ultimately your responsibility to find a replacement.

We look forward to seeing you at one or both events!

Financial Assistance

Financial assistance is available to participants and guides who cannot afford to pay the full cost of a trip. Up to three-quarters of the cost of a trip may be subsidized. In order to be considered one must submit a letter with the event application by November 28th for the Craftsbury trip and by December 26th for the March trip. The letter should contain total monthly or yearly income with expenses and other related information to demonstrate need. You will be notified by telephone within one week from receipt of your application.

Forms

Enclosed is an application for you to complete and return with your payment. Health and Liability forms will be sent to you after we receive your completed application and payment. All forms must be filled out, signed, and returned before you can participate in an event.

Physical Condition and Guide Pre-Requisites

Anyone in average physical condition can expect to complete these activities. If there are any questions about your ability to participate, we will be happy to discuss them with you. In questionable cases, the decision to participate will lie with the participant and his or her physician. Participants must take responsibility for their own health-related issues at events. If you are interested in attending an event as a guide, please be assured that training in guiding a visually impaired person is available at events. However, it is expected that guides have prior experience and skill with cross country skiing and/or snowshoeing. Everyone's enjoyment will be enhanced by any measures taken to improve physical fitness and stamina before the event. All guides and participants must be at least eighteen years of age.

More information about participating as a guide can be found on our web site, <http://nersfl.org>.

Transportation

Transportation to events is a shared responsibility. We will make every effort to have transportation available by carpooling. Guides are encouraged to let us know if you are willing to drive and just how many passengers you can take. All passengers are expected to contribute towards the cost of gasoline and tolls. *Remember! Take into consideration the high price of gas when paying your drivers!!* If you are coming to an event from out of town, do not make travel plans back home on public transportation prior to 7:00 pm on the final day of an event. It is very difficult to guarantee a return to transportation centers prior to this time without disrupting other participants' plans.

Guide Dogs

Although guide dogs are welcome on most trips, there are restrictions that may impact your participation in some activities. On the last day of an event, after checkout time you will be responsible for attending to your dog. Please consider this when deciding whether or not to bring your dog.

Trip Application

Name _____ Phone(H) _____

Address _____ (W) _____

_____ (C) _____

E-mail _____

I am a guide _____ visually-impaired participant _____

I need transportation to the event/s _____ (yes or no)

I can offer a ride to # _____ passengers ___to and ___from the event.

I wish to attend the following event/s. Enclosed is my payment for:

___ Craftsbury Outdoor Center, January 9-12 for **\$250.00/\$265.00**

(Please register by December 1st with the total amount of \$250)

___ AMC Highland Center/Bretton Woods, March 6-8 for **\$165.00 (bunk room); \$250.00 (private room)**. Please register by January 1st with the total amount of \$165.00 or \$250.00)

Detach and mail with payment to: NERSFL, P.O. Box 861, Georgetown, MA 01833

Donations

We are a tax exempt not for profit 501c3 organization. Any donations to NERSFL are greatly appreciated and are tax exempt. Please complete the form below:

Name: _____

Address: _____

Tel. Nbrs: H: _____ C: _____ W: _____

Email Address: _____

Amount: _____ \$25 _____ \$50 _____ \$100 _____ Other

Detach and mail with payment to:
NERSFL, P.O. Box 861, Georgetown, MA 01833

Thank you! Your contribution is greatly appreciated and will be put to good use!

NERSFL Board of Directors

Marie Hennessy – President

Dave Fisk – Vice President

Nancy Brown- Secretary

Carolee Miller - Treasurer

Nancy Campbell –Director

Polly Jacobson- Director

Joanne Jordan –Director

Cindy Wentz –Director

Barry Wood - Director

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Free Matter
for the Blind